

Yoga & Meditation Charges With Admission

w.e.f-April 1, 2025

Ref.No. KAHR/AY-PKG/2025-2026/02/USD

Kairali's Yoga & Meditation Package (Minimum Duration is 7 Nights)

	USD	USD
	Single Per Night	Double Per Night
DELUXE VILLA	307	570
CLASSIC VILLA	342	702
ROYAL VILLA	403	766
SUITE	688	1081

Yoga Based Stress & Energy Reset Program (Minimum Duration is 7 Nights) Digestive Wellness & Gut Health Yoga Therapy (Minimum Duration is 14 nights)

	Single Per Night	Double Per Night
DELUXE VILLA	325	607
CLASSIC VILLA	360	638
ROYAL VILLA	422	694
SUITE	707	964



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Received Fit Premium
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Arrival & Accommodation

A Warm Welcome: Sip on our signature herbal detox drink as you settle into your serene retreat.

Luxury Stay: Unwind in private, eco-friendly villas designed for tranquility, blending traditional charm with modern comforts.

Nourishment

Farm-to-Table Meals: Enjoy freshly prepared vegetarian or vegan meals tailored to your wellness consultation (breakfast, lunch, and dinner), made using organic ingredients from our gardens. Additional food items will be charged separately.

Hydration Wellness: Daily in-room mineral water (1 bottle per person) + unlimited herbal-infused detox water. Reusable bottles provided to support sustainability!

Ayurvedic Therapies

Daily Rejuvenation: One Ayurvedic therapy per day, including herbal steam baths to restore balance. (Note: Preventive Health & Regenerative Program includes one therapy per day.)

Post-Treatment Refreshments: Enjoy freshly prepared juices or calming herbal teas after every session.

Mind-Body Practices

Morning Yoga: Start your day with Private sunrise yoga sessions.

Evening Meditation: Wind down with guided mindfulness sessions in the evening.

Learning & Cultural Immersion (Once a Week)

Ayurveda & Yoga Wisdom: Weekly interactive workshops on holistic living, led by expert practitioners.

Craft Your Wellness: Join our Weekly fun, hands-on Ayurvedic cooking classes by in-house chefs.

Local Experiences: Weekly organic farm tours, village walks, and sunset nature trails to connect with Kerala's culture.

Facilities & Extras

Leisure & Wellness: Access to our Swimming pool, Library, Gym, and Outdoor Facilities.

Personalized Care: Daily wellness check-ins with your Ayurvedic doctor to tailor your journey.

Transparent Add-Ons: Internal herbal medicines, lab tests, or specialty therapies (e.g., Panchakarma) available as needed. Ask our team for details!

Peace of Mind

All-Inclusive Pricing: No hidden fees! Includes accommodation, meals, therapies, and applicable taxes. Rates are subject to change as per government policies.

Add-on Prices

	TOTAL
Extra Bed	43
Extra Meals - Breakfast + Lunch + Dinner	79
Extra Treatment	As per Doctor's prescription

Price for Child between the Age of 5 to 12 years

	TOTAL
Extra Bed	43
Extra Meals - Breakfast + Lunch + Dinner	39

Price for Pick-up or Drop-off - AC Vehicle (One Way)

	Price inclusive of 5% GST	
DESTINATION	MPV	Luxury Sedan
From Palakkad Railway Station (25 Kms)	56	195
From Coimbatore Airport (75 Kms)	97	339
From Cochin / Calicut Airport (125 Kms)	114	397



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TERMS & CONDITIONS

Taxes & Additional Charges

- All government taxes are included in our published fees; however, rates may change periodically.
- Please note that additional service charges may apply for optional services such as laundry, transportation, wellness sessions, medications, and extra meals.

Booking & Payment Policies

- Rate Validity: Our rates are quoted on a per-day basis and are effective from April 1 2025, through September 30, 2026.
- Reservation Deposit: A 40% deposit is required to secure your booking. The remaining balance must be settled at least 30 days prior to admission to confirm your reservation
- Room Requests: Requests for specific rooms must be made at least six months in advance, subject to availability, with full payment required for confirmation.

Check-in & Check-out

- Check-in: 12:00 noon
- Check-out: 10:00 AM
- Early check-in and late check-out are available upon request and may incur additional charges, subject to availability.

Cancellation Policy

- 30+ Days Before Admission: Full refund
- 15-30 Days Before Admission: 50% refund.
- Less than 15 Days Before Admission or Date Change During Stay: No refund

Child Policy

- Under 5 Years: Complimentary.
- Age 5 to 12 years: 50% charge for food and Extra bedding at standard rate.
- Over 12 Years: Full charge
- Parents or guardians are responsible for supervising children at all times. Please note that certain areas of our facility are designed primarily for wellness treatments and may not be child-friendly.

Additional Policies for a Comfortable & Safe Stay

- Respectful and Peaceful Environment : We are committed to maintaining a calm and healing atmosphere. We kindly ask all guests to keep noise levels low and respect the privacy and well-being of others.

TERMS & CONDITIONS

Loyalty Rewards & Special Offers

- Advance Booking: Enjoy a 5% discount for reservations made 90 days in advance.
- Seasonal Discount: Receive a 5% discount on bookings from April to September.
- Loyalty Rewards: Enjoy a 7% discount as a valued returning guest. Guests with over five previous stays receive an exclusive 10% discount. (Applicable on direct bookings only.)
- Extended Stay Discount: A 5% discount applies to stays longer than 28 nights.
- Complimentary Policy Blackout: Complimentary vouchers and free stays are not accepted from October 1 to March 31.

Strict No-Smoking, Coffee, Alcohol and Substance Use Policy

- To ensure a safe and healthy environment for all, our facility enforces a strict no-smoking, no-alcohol, and no-substance use policy across the property.

Accepted Payment Methods

- We accept payments via bank transfer, local bank cheques, cash (in local currency, Euros, or US Dollars), and major credit cards. Please note that personal cheques are not accepted.

Age Policy

- Bookings must be made by guests aged 18 and above. Minors are welcome when accompanied by a parent or legal guardian.

Following Hospital Guidelines

- To ensure a seamless and comfortable experience, we ask that all guests adhere to our hospital guidelines, designed to maintain a safe and healing space. Our team is available to answer any questions.

Quality & Safety Standards

- We adhere strictly to NABH (National Accreditation Board for Hospitals & Healthcare Providers) protocols to ensure the highest standards of patient care, safety, and wellness treatments.



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